

# Family Lent Prayer Chain 2021

Cut 46 strips of coloured paper - as many different colours as you want.

As a family decide who or what you want to pray for during Lent. Write one or more of these onto each strip of paper. Make the strips into a paper chain.

Starting on Ash Wednesday tear off a strip and pray for that person or thing. Each day tear off a new chain and as a family spend some time in prayer.

